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ON DESIGN PRINCIPLES AND CALCULATION METHODS RELATED TO ENERGY PERFORMANCE OF BUILDINGS IN FINLAND

Doctoral Dissertation

Juha Jokisalo



Helsinki University of Technology Faculty of Engineering and Architecture Department of Energy Technology TKK Dissertations 144 Espoo 2008

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Abstract

The EU has set the energy performance directive for buildings (2002/91/EC) in order to decrease CO₂ emissions by increasing the energy performance of buildings. This directive states that the energy efficiency of buildings has to be calculated in the member states. The main objective of this thesis is to support the implementation process of this directive in Finland.

This thesis focuses on the adaptation and development of simplified calculation methods related to the energy performance of buildings and on the development of design principles in order to improve the energy performance of buildings. The energy performance of buildings depends on several factors that are related to building fabric, HVAC systems, indoor and outdoor climate and behaviour of occupants. In this thesis, the studied factors are balanced ventilation system, electrically heated windows, thermal inertia of building structures and infiltration of building envelope. The effect of these factors on energy performance of buildings was studied mostly using a dynamic simulation tool IDA-ICE.

In order to calculate the energy efficiency of buildings, calculation methods are needed that are sufficiently applicable and accurate. The monthly utilisation factor heat demand calculation method EN ISO 13790 can be calibrated for Finland regarding the effect of thermal inertia of building structures. The calibrated monthly method can be used for residential buildings, but should not be used for office buildings in Finland. Therefore, more-detailed dynamic methods should be used in the calculation of the energy performance of office buildings.

Infiltration rate depends on several factors and calculation methods that are not able to take these factors into account explicitly should be adapted at a national level. The simple adapted infiltration model that was developed in this study, can be used to approximate the average infiltration rate of detached houses in Finland. But, dynamic building simulation with a multizone infiltration modelling is a reasonable choice for detailed infiltration and energy performance analyses.

Keywords energy performance, building, calculation method, thermal inertia, infiltration			
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Tiivistelmä Euroopan unioni on asettanut rakennusten energiatehokkuusdirektiivin (2002/91/EY) tavoitteenaan parantaa rakennusten energiatehokkuutta CO ₂ päästöjen vähentämiseksi. Energiatehokkuusdirektiivi edellyttää, että jäsenmaiden tulee laskea rakennusten energiatehokkuus ja tämän väitöskirjan päätavoite on tukea direktiivin käyttöönottoa Suomessa.				
Tämä väitöskirja keskittyy yksinkertaisten rakennusten energiatehokkuuteen liittyvien laskentamenetelmien sovittamiseen ja kehittämiseen sekä suunnitteluperusteiden kehittämiseen rakennusten energiatehokkuuden parantamiseksi. Rakennusten energiatehokkuus riippuu useista tekijöistä, jotka liittyvät rakennuksen vaipaan. LVI-teknisiin järjestelmiin, ilmastollisiin tekijöihin sekä asukkaiden toimintaan. Tässä väitöskirjatyössä tutkittavia tekijöitä ovat koneellinen tulo- ja poistoilmanvaihtojärjestelmä, sähkölämmitteiset ikkunat, rakennusmateriaalien terminen massa sekä rakennuksen vaipan vuotoilmanvaihto. Näiden tekijöiden vaikutusta rakennusten energiatehokkuuteen tutkittiin pääosin dynaamisen simulointiohjelman IDA-ICE:n avulla.				

Rakennusten energiatehokkuuden laskemiseksi tarvitaan sopivia ja riittävän tarkkoja laskentamenetelmiä. Standardin EN ISO 13790 mukainen lämmöntarpeen kuukausitason laskentamenetelmä voidaan kalibroida rakennusmateriaalien termisen massan vaikutuksen osalta Suomen olosuhteisiin sopivaksi. Kalibroitua kuukausitason menetelmää voidaan soveltaa Suomessa asuinrakennuksiin, mutta menetelmää ei tule soveltaa toimistorakennuksiin. Toimistorakennusten energiatehokkuus tulisi laskea yksityiskohtaisemmilla dynaamisilla laskentamenetelmillä.

Rakennusten vuotoilmanvaihto johtuu useista eri tekijöistä ja laskentamenetelmät, joilla ei voi explisiittisesti ottaa huomioon näiden tekijöiden vaikutusta, tulisi sovittaa kansallisella tasolla. Yksinkertaista sovitettua vuotoilmanvaihtuvuuden laskentamenetelmää, joka kehitettiin tässä työssä, voidaan käyttää pientalojen keskimääräisen vuotoilmanvaihtuvuuden arviointiin Suomessa. Mutta, dynaaminen rakennusten simulointi yhdistettynä vuotoilmavirtojen monivyöhykemallinnukseen on järkevä vaihtoehto yksityiskohtaisissa vuotoilmanvaihtoa ja energiatehokkuutta koskevissa tutkimuksissa.

Asiasanat energiatehokkuus, rakennus, laskentamenetelmä, terminen massa, vuotoilmanvaihto				
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PREFACE

This thesis is based on research work carried out at the Laboratory of Heating Ventilating and Air Conditioning (HVAC), Helsinki University of Technology during the years 2000-2008. The research work was funded by the Finnish National Technology Agency, TEKES, the Finnish Academy and numerous companies. The research work related to the article (III) was partly carried out with grant from the Research Fund for Coal and Steel of the European Community. I was awarded scholarship from the Department of Mechanical Engineering at Helsinki University of Technology and I received grants from the Confederation of Finnish construction industries RT, the K.V. Lindholm Foundation, the L.V.Y. Foundation. I would like to gratefully acknowledge all the financial supporters.

I wish to thank my supervisors Docent Jarek Kurnitski for his invaluable advice and support throughout the study and Professor Kai Sirén for his invaluable comments and encouragement.

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I wish to thank all the co-authors for cooperation. Special thanks go to Tech. Lic. Mika Vuolle for his invaluable advice and help with the reference simulation tool. I would like to thank all my colleagues at the Helsinki University of Technology, especially Dr. Ala Hasan, M.Sc. Lari Eskola, Eng. Kai Jokiranta, Dr. Targo Kalamees and M.Sc. Guangyu Cao for the fruitful discussions and pleasant working atmosphere. I would also like to thank the colleagues at Tampere University of Technology, especially M.Sc. Minna Korpi and Dr. Juha Vinha for fruitful cooperation.

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Finally, and before all, I would like to thank the God, our Heavenly Father for taking care of me during all my life. This process would have not have been realized without Your amazing love and guidance.

Vantaa, October 2008

Juha Jokisalo

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LIST OF ORIGINAL PUBLICATIONS

- I Jokisalo, J., Kurnitski, J., Vuolle, M. and Torkki, A. (2003). Performance of balanced ventilation with heat recovery in residential buildings in a cold climate. The International Journal of Ventilation, 2(3): pp. 223-236.
- II Kurnitski, J., Jokisalo, J., Palonen, J., Jokiranta, K. and Seppänen, O. (2004). Efficiency of electrically heated windows. Energy and Buildings, 36(10): pp. 1003-1010. (doi:10.1016/j.enbuild.2004.06.007)
- III Jokisalo, J. and Kurnitski, J. (2007). Performance of EN ISO 13790 utilisation factor heat demand calculation method in a cold climate. Energy and Buildings, 39(2): pp. 236-247. (doi:10.1016/j.enbuild.2006.06.007)
- IV Jokisalo, J., Kalamees, T., Kurnitski, J., Eskola, L., Jokiranta, K. and Vinha, J. (2008). A comparison of measured and simulated air pressure conditions of a detached house in a cold climate. Journal of Building Physics, 32(1): pp. 67-89. (doi: 10.1177/1744259108091901)
- V Jokisalo, J., Kurnitski, J., Korpi, M., Kalamees, T. and Vinha, J. Building leakage, infiltration, and energy performance analyses for Finnish detached houses. (Accepted on 19.3.2008 Building and Environment.) (doi:10.1016/j.buildenv.2008.03.014)

The author is the principal author of four publications (I, III-V). In (I), the computer simulations and analyses were carried out by author. In (II), the author carried out the further analyses concerning mathematical interpretation of efficiency formula. In (III), computer simulations, analyses and adaptation of the monthly EN ISO 13790 method were carried out by the author. In (IV) and (V), the author carried out computer simulations, model development and analyses. Experimental work in (IV) was carried out by co-authors Lari Eskola, Kai Jokiranta, Targo Kalamees and the author.

ABBREVIATIONS

ASHRAE	American Society of Heating, Refrigerating and Air-Conditioning Engineers
CAV	constant air volume
CEN	European Committee for Standardization
CFD	computational fluid dynamics
DOE	U.S. Department of Energy
EPBD	European energy performance building directive
ESP-r	dynamic thermal building simulation tool
EU	European Union
EN	European Standard
HVAC	heating ventilating and air conditioning
IDA-ICE	dynamic thermal building simulation tool
IEA	international energy agency
IHR	infiltration heat recovery
ISO	International Organization for Standardization
RC-network	resistance capacity network model
NMF	neutral model format, a computer code
VAV	variable air volume

NOMENCLATURE

a	numerical parameter in utilization factor
А	area, m ²
a_0	numerical parameter
В	factor for the balance of the mechanical supply and exhaust ventilation
system	
С	flow coefficient, kg/s·Pa ⁿ
c _p	specific heat capacity, J/kgK
C_0	linearized flow coefficient, kg/s·Pa
D	factor for leakage distribution
$D_{F,Z}$	proportion of flow coefficient of single leakage opening to total sum of flow
	coefficients in the building, %
dP_0	limit pressure for linearization, Pa
e	average difference in annual heat demand, %
E	factor for the flow exponent
f	effective area ratio
g	weighting factor for leakage openings
G	numerical parameter in leakage distribution
Н	factor for height of the house
h _c	convective heat transfer coefficient, W/m ² ·K
L	factor for climate conditions
m	effect of thermal mass, %
ṁ	mass flow rate, kg/s
n	flow exponent
n _{inf}	average infiltration rate, 1/h
n _{inf-e}	average infiltration rate for heat energy calculation, 1/h
n ₅₀	leakage air change rate at 50Pa of pressure difference, 1/h
р	electrical heat output of window, W
Р	electrical heat output of window per window area, W/m ²
Pe	Peclet number
q	heat flux, W/m ²
Q	energy, kWh
Т	temperature, °C
U	U-value, $W/m^2 \cdot K$
Um	wind velocity measured at a weather station, m/s
W	factor for the wind conditions
Х	numerical parameter
У	numerical parameter
γ	heat gain and loss ratio
η	utilisation factor
τ	time constant, h
τ0	reference time constant, h

ΔP	pressure difference, Pa
ΔT	relative decrease in surface temperature, $\%$
3	infiltration heat recovery factor
$\epsilon_{\rm w}$	emissivity of windows
φ	efficiency of electrically heated windows

Subscripts

ah	annual heat demand
ah-IDA	annual heat demand calculated with IDA-ICE
ah-EN	annual heat demand calculated with EN ISO 13790
exf	exfiltration
F	facade of the building
g	heat gain
h	heat demand
inf	infiltration
inf-c	infiltration heat loss calculated in a conventional way
in	indoor
L	heat loss
out	outdoor
S	surface
Z	category of a place of an air leakage opening

Superscripts

LW	lightweight	
М	massive	
off	device is off	
on	device in on	
tot	total	

1 INTRODUCTION

1.1 Background

The prevention of global climate change is becoming a real challenge for the human race. The Kyoto agreement obliges Finland to limit the greenhouse gas emissions to the level of 1990 during the period 2008-2012. However, the greenhouse gas emissions of Finland have been 10% higher than in 1990 during the past five years (Statistics Finland 2007a). Additionally, the EU has committed to decrease its greenhouse gas emissions to at least 20% below the 1990 level by 2020. In 2005, about 20% of total energy use and total CO_2 emissions of Finland resulted from the heat energy use of buildings (Statistics Finland 2008a).

The EU has set the energy performance directive for buildings (EN. Directive 2002/91/EC) in order to decrease CO₂ emissions by increasing the energy performance of buildings. This European energy performance directive for buildings (EPBD) states that the energy efficiency of buildings has to be calculated in the member states. The other requirements of the EPBD are related to energy performance requirements of new and existing buildings, energy certification of buildings and inspection of boilers and air conditioning systems. The member states are implementing the EPBD at the national level by taking into account local climate and conditions, requirements for indoor climate and cost efficiency. The directive should have been implemented in all member states by the 4th of January 2006 or the implementation should be completed by the end of a three-year additional transition period. For example, Finland has applied this extension. The European Commission has also given a mandate to CEN for the production of standards for the implementation of the EPBD. As a consequence of the mandate, CEN is updating and producing standards, e.g. EN ISO 13790, that are relevant to the EPBD.

Finland has adapted the monthly method of the European standard EN ISO 13790 in the national calculation method for the energy performance of buildings (D5 2007). This national calculation method is not exactly the same as the European standard EN ISO 13790, but the main features of D5 (2007) are based on this standard. In Finland, the energy performance of buildings is determined by an energy performance number calculated by dividing annual energy use of the building by gross area. The energy performance number. This number when applied to apartment buildings including not more that six apartments has to be calculated using the national calculation method D5 (2007), but other calculation methods, e.g. dynamic simulation, can also be applied to other building types.

The effect of thermal inertia of building structures on energy use depends on the level of heat gains and losses, their ratio and variation with time. A level of heat gains is climate dependent and is a function of architectural fashion due to the solar heat gains, but it also

depends on use of the building and behaviour of the occupants and their standard of living when it comes to the residential buildings. Heat losses of the buildings are climate dependent but they are also related to the legislative requirements of a country. Because of this, the effect of thermal inertia has to be studied at the national level as well as applicability of EN ISO 13790, which calculates the dynamic effects of internal heat gains in a simplified way.

A minimum requirement of airtightness of the building envelope does not exist in the Finnish building code and the level of airtightness in detached houses is rather poor in Finland (Railio et al. 1980, Polvinen et al. 1983, Vinha et al. 2005). Because infiltration has a significant effect on the energy performance of buildings and 77% of all the Finnish buildings (1.4 million) are detached houses (Statistics Finland 2007b), infiltration of detached houses is studied in this thesis. Infiltration depends on airtightness, but also on climate conditions and several factors that are related to, for example, the type of building or construction. In order to evaluate the effect of these factors, suitable calculation methods are needed and methods that are not able to take these factors into account explicitly have to be adapted at a national level.

1.2 Objective and content of the study

The main objective of the study was to support the implementation process of the energy performance building directive (EPBD) in Finland.

The specific objectives of this study were the following:

- to study the performance of balanced ventilation with heat recovery in Finnish apartment buildings;
- to develop simplified expressions for the efficiency of energy use of electrically heated windows;
- to adapt the utilisation factor method EN ISO 13790 to Finnish buildings and conditions;
- to study the suitability of IDA-ICE dynamic simulation tool for infiltration analyses in typical Finnish detached house;
- to develop a method to produce resultant leakage distribution of a building envelope on the basis of thermography tests, and
- to develop a simplified model for the annual infiltration rate of detached houses in Finland.

The thesis consists of five papers. In (I), the performance of various mechanical supply and exhaust ventilation systems was studied in a Finnish residential apartment building using dynamic thermal simulation tool. The effects of centralization or decentralization of the ventilation system, ventilation heat recovery and different ventilation control strategies on

energy consumption and thermal comfort was studied in order to develop energy-efficient design principles for apartment buildings.

Paper (II) focuses on the efficiency of electrical energy use in electrically heated windows. The efficiency is defined and calculated for several window types and the effects of surface and outdoor temperatures and the U-value of the window on the efficiency were analyzed using RC-network model.

The simplified expressions of the efficiency were given as the basis for design principles for heated windows.

In (III), the applicability of the utilisation factor method EN ISO 13790 was studied in three types of Finnish buildings using dynamic simulation tool and taking a typical variety of heat gains and losses into account. The utilisation factor method was adapted to Finnish conditions by calibrating the parameter values in the utilisation factor curves.

In (IV), the suitability of the multizone infiltration model of an existing two-storey detached house for infiltration and energy analyses in Finnish climate conditions is studied, comparing the numerical data against the measurement results. The initial data of the building model were obtained by extensive field measurements including measurements of the airtightness, air leakage distribution of the envelope and performance of the ventilation system. A simple method to produce resultant leakage distribution on the basis of thermography tests was shown in the study.

The paper (V) focuses on the relation between the airtightness of a building envelope, the infiltration and energy consumption of a detached house in Finnish conditions. The study was conducted with the multizone infiltration model studied in (IV) and the simple adapted model for rough estimation of annual infiltration in Finnish detached houses was determined from the numerical simulation results, taking several factors like Finnish climate zones and wind conditions, balance of ventilation system and leakage distribution into account. The energy impact of infiltration is studied taking the infiltration heat recovery effect into account.

The newly acquired knowledge discussed in this thesis relates to:

- effects of control strategies of balanced ventilation systems on the energy performance and thermal conditions of Finnish apartment buildings;
- simplification of efficiency relations of electrically heated windows. Several definitions for the efficiency exist in the literature, but the simplification of efficiency relations has not been studied before;
- applicability of monthly heat demand method EN ISO 13790 for different types of Finnish buildings. Applicability of the utilisation factor method has been studied before in Finland, but the calibration of the method to suit Finnish buildings and conditions has not been accomplished before;

- the calibration of EN ISO 13790. Different calibration methods of this utilisation factor method exist, but the calibration procedure of the numerical parameters a_0 and τ_0 , which was developed and used, was published for the first time;
- an approach to estimate distribution of leakage paths over a building envelope on the basis of thermography test;
- modelling of infiltration in Finnish detached houses. A new simplified model for the annual infiltration rate of detached houses in Finland was developed.

2 Review of literature

2.1 Thermal building simulation

2.1.1 Building simulation tools

Until the mid 1960s, the energy use of buildings was normally estimated using simple steady-state methods. The degree-day methods were commonly used with heat-energy calculations, while the more detailed bin methods were used for both heating and cooling analyses (Ayres 1995). The first dynamic simulation methods, i.e. the first in the sense that they treated time as the independent variable, appeared after the mid 60s. For example, Sephenson and Mitalas (1967) presented the weighting factor method where various load components (solar and internal heat gains or outdoor temperature) to the building zones are converted to cooling or heating loads by using precalculated weighting factors. In the late 70s, the heat balance method was introduced (e.g. Kusuda 1978), where transient heat balance equations for air nodes and each surface are solved simultaneously. The numerical solution of this method is based on, for example, the response factor method (transfer functions) or the finite difference method (Källblad 1983)

In the 60s, computing resources were limited and slow because analogue computers were still used and the application of digital computers to building simulation had just begun (Shavit 1995). One of the first dynamic building simulation software for the determination of indoor climate, heating and cooling loads was BRIS, published in 1963 (Brown 1990). The software was developed at the Royal Institute of Technology (KTH) in Sweden. The development of computer technology and the energy crisis in 1973 stimulated rapid improvements in building energy simulation; hundreds of building simulation tools have been developed so far. For example, the U.S. Department of Energy (DOE) had collected information 345 building simulation tools early 2008 on bv (http://www.eere.energy.gov/buildings/tools directory/). Crawley et al. (2005) made an extensive comparison between twenty major dynamic building energy simulation tools, such as DOE-2.1E, EnergyPlus, ESP-r, IDA-ICE and TRNSYS. All these are wholebuilding energy simulation tools and allow a simulation of HVAC-systems, multiple HVAC-equipments and controls.

DOE-2.1E (Winkelmann et al. 1993) was developed by several national laboratories, e.g. Lawrence Berkeley National Laboratory and Los Alamos National Laboratory in the 70s with funding mainly by the U.S. Department of Energy. The private sector has adapted DOE-2.1E by creating more than 20 interfaces that make the program easier to use, for example RIUSKA (Jokela et al. 1997). EnergyPlus (Crawley et al. 2004) has been under development since 1996 at US Army Construction Engineering Research Laboratories,

University of Illinois, Lawrence Berkeley National Laboratory, Oklahoma State University, GARD Analytics, and U.S. Department of Energy. EneryPlus is based on the selected features and capabilities of simulation tools BLAST (Building Systems Laboratory 1999) and DOE-2.1E. EnergyPlus is primarily a simulation engine without an interface; input and output files are simply text files. ESP-r (Energy System Performance -research) (Clarke 2001) is an advanced transient building energy simulation tool, which has been under development at Strathclyde University in Scotland since 1974. The IDA Indoor Climate and Energy (IDA-ICE) building simulation tool (Sahlin et al. 2004) is an extension of the general IDA simulation environment that has been under development since the 80s. This simulation tool was originally developed by the Division of Building Services Engineering at the Royal Institute of Technology (KTH), and the Swedish Institute of Applied Mathematics, ITM. The BRIS simulation tool has been used to verify IDA and parts of BRIS have been re-implemented in IDA (Sahlin 1996). The mathematical models are described in terms of equations in a formal language, the neutral model format (NMF). TRNSYS (Transient System Simulation Program) (Klein et al. 2004) was developed in the mid 70s at the Solar Energy Laboratory at the University of Wisconsin to simulate the transient performance of thermal energy systems. Originally, the primary application of TRNSYS was solar energy systems.

A short description of common features in the preceding five simulation tools are given below in accordance with Crawley et al. (2005). DOE-2.1E applies the weighting factor method for the thermal response of building zones, while the other four tools use the heat balance method. Heat balance equations are solved with the finite difference method in ESP-r and IDA-ICE, while EnergyPlus and TRNSYS use the response factor method. EnergyPlus, ESP-r and IDA-ICE apply a dynamically varying time-step approach based on the solution transients, while TRNSYS uses a user-selected constant time step. DOE-2.1E uses constant user-defined convection heat transfer coefficients for interior surfaces, while they are at least temperature dependent in the other four simulation tools. ESP-r uses airflow dependence on the convection heat transfer coefficients. Conduction heat transfer is simulated up to 2- and 3-dimensions in EnergyPlus, while the other four tools simulate conduction in 1-dimension as a basic feature. Geometric description of the walls, roof, floors, windows and external shading is possible in all the five simulation tools, but an import of building geometry from CAD programs is available in EnergyPlus, ESP-r, IDA-ICE and TRNSYS. Inside radiation view factors are used in EnergyPlus, ESP-r and IDA-ICE.

The accuracy of whole-building energy simulation tools can be studied by means of empirical or analytical validation and comparative testing (Judkoff et al. 1983). In empirical validation, simulated results are compared against experimental data from a real building or the test cell of laboratory experiments. In analytical validation, simulated results are compared against analytical solutions under very simple and highly constrained boundary conditions. Analytical validation cases have been mainly concerned with internal long-wave radiation exchange and transient conduction through the building envelope (Xiao 2005). In comparative testing, the simulation tool is compared to itself or to other programs that may be considered to be better validated, more detailed or more physically correct.

Neymark et al. (2002) listed advantages and disadvantages of these three validation techniques.

Standardized procedures for the validation of building energy simulation tools exist, for example, EN ISO 13791 (2004), EN 15265 (2007) or ANSI/ASHRAE standard 140 (2001). The standard EN ISO 13791 (2004) defines the test cases for heat conduction through opaque walls, internal long-wave radiation exchange, shading of windows by external constructions, and a test case for the whole calculation method. The standard EN 15265 (2007) specifies a set of assumptions, requirements and validation tests for procedures used for the calculation of the annual energy needs for space heating and cooling. ASHRAE standard 140 (ANSI/ASHRAE 2001) defines comparative tests for building energy simulation tools based on the International Energy Agency (IEA) BESTEST procedure. The other test procedures developed within the IEA are, for example, ETNA and GENEC tests for empirical validation (Moinard and Guyon 1999). The Chartered Institution of Building Services Engineers (CIBSE) has also developed tests for accreditation of the building energy simulation tools (Butcher 2006).

Most of the validation studies of the twenty major building energy simulation tools were also undertaken within the IEA (Crawley et al. 2005), including both empirical and analytical validation and comparative test cases. According to the comparison by Crawley et al. (2005), ESP-r has clearly undergone more validation studies that the other major simulation tools. Strachan et al. (2008) reviewed validation history of ESP-r. This software was also selected as the European reference simulation tool in the European PASSYS-project (Wouters and Vandaele 1993).

Accuracy of the simulation tools has been studied in, for example, the following studies. Travesi et al. (2001) conducted an empirical validation study of models of five simulation tools, including IDA-ICE, related to the thermal behaviour of buildings and HVACequipments. It was concluded in the study that agreement between simulated and measured data was good and disagreements were similar to the measurement uncertainty. IDA-ICE was validated according to the prEN 13791 by Kropf and Zweifel (2001). After simplification of the model in the area of simulation of internal heat transfer coefficients and the distribution of penetrating solar radiation to the different surfaces, IDA-ICE gave the results as demanded by the standard. Achermann and Zweifel (2003) compared the performance of radiant heating and cooling systems using five simulation programs (CLIM2000, DOE 21.E, ESP-r, IDA-ICE and TRNSYS). IDA-ICE showed a good agreement with the other programs; for example, the difference in simulated annual heat energy use between IDA-ICE and ESP-r was 6%. Intermodel comparison between IDA-ICE and ESP-r (Karlsson et al. 2007) showed that the difference in simulated annual heat demand of a Swedish terraced house was 2% and the difference in total energy use was 0.6% between the simulation tools. Moosberger (2007) conducted CIBSE validation cases (Butcher 2006) for IDA-ICE and, after a few simplifications of the models, IDA-ICE passed the test. These numerous validation studies show good justification for selecting IDA-ICE as the reference tool of this thesis.

It has been shown that users of the simulation tool have an effect on simulation results; for example, Roulet et al. (1999) compared results of two test cases that had been simulated using a simulation tool that had been used by nine different users. The difference from the mean result of all the participants was in the range from -31% to +13%, while the mean difference was 8%. These differences mainly came from modelling errors and input typing errors. Roulet et al. (1999) concluded that, in order to minimize the risk of user errors, the interface between the user and the code should present the best possible quality. A basic part of the interface is the user guide, but a well designed graphical interface is also important. It has been shown that the probability of errors may increase as the number of output increases (Chapman 1991). However, it can be partially avoided by good interface design. Many modelling decisions require experience, so the need for user training is self evident. Strachan et al. (2008) mention that accreditation of users is likely to be necessary. The effect of the user cannot be avoided with simplified methods either, because it has also been shown by round robin tests that users of the monthly method of EN ISO 13790 may obtain results differing by as much as $\pm 20\%$ for the same building in the same climate (EN ISO 13790: 2004). This indicates that simplified calculation methods cannot always be preferred to the detailed dynamic simulation tools due to the lower user effect.

2.1.2 Infiltration simulation

An estimation of the air infiltration rate of buildings is required in order to study indoor air quality and the energy efficiency of buildings. Several calculation methods have been developed for different applications, depending on the required level of accuracy and availability of initial data on the modelling object. Several classifications of calculation methods exist; for example, Liddament and Allen (1983), Liddament (1986) and Weber and Weber (2004), who roughly divided calculation methods into three categories:

- a. simple rules of thumb based on the reduction of pressurization data,
- b. simplified single-zone predictions methods,
- c. multizone infiltration models.

Since the late 70s, studies have been conducted on the correlation between airtightness of a building envelope and annual infiltration rate. Kronvall and Persily compared pressurization test results to infiltration rates measured with tracer-gas in detached and terraced houses in Sweden and the USA (New Jersey) (Kronvall 1978). From their comparison, they obtained the widely used "rule of thumb" for annual infiltration rate: n_{50} divided by 20 (Sherman 1987). Sherman (1987) developed a simple model, n_{50}/N , from the LBL infiltration model (Sherman and Grimsrud 1980) for the annual infiltration rate of detached houses in North America, where a correlation factor N was expressed as a product of several factors, depending on climate zone, wind shielding, height of house and size of cracks. These kinds of approaches belong to the preceding 'a' category, except the LBL model, which belongs to the 'b' category. The LBL model utilizes also pressurization data, but it takes also wind and stack effect into account, using the average wind velocity and

indoor-outdoor air temperature difference of the studied period. The ASHRAE-model (ASHRAE 2001) also belongs to 'b' category, because it is a simplified version of LBL-infiltration model.

Interzonal or multizone airflow models have been developed since the late 60s and their development was fast during the 70s and 80s. These models were used to simulate ventilation, infiltration, and indoor air quality in multizone buildings, taking account of airflows between the zones and through the building's envelope (Orme 1998). In 1992, Feustel and Dieris published an extensive literature review concerning 50 different multizone models developed during these decades. According to this study, fifteen of the simulation models allowed a combination of airflow simulation with a thermal simulation. Feustel (1999) stated that some thermal simulation models still used either constant airflow model or single-zone model for the infiltration simulation. According to Crawley et al. (2005), only seven of twenty major building energy simulation programs used multizone airflow simulation via pressure network model. For example, EnergyPlus, ESP-r and IDA-ICE apply this approach, but DOE-2.1E and TRNSYS use single-zone infiltration modelling. Multizone airflow simulation is possible in TRNSYS with an optional package TRNFLOW.

Several studies have been carried out concerning different coupling methods of thermal and airflow models, for example, Clarke and Hensen (1990), Hensen (1995), and Sahlin (2003). Integration of the thermal and airflow models has been considered to be important, especially when coupling between heat and fluid flow is strong, for example in naturally ventilated buildings (Hensen 1995, Samuel 2006). According to Sahlin (2003), buoyancy-driven interzonal airflows also have a significant impact on the heat balances of the rooms in airtight mechanically ventilated buildings.

The coupling of building energy simulation and CFD calculation has also been studied during recent years, for example by Negrao (1995), Djunaery (2005) and Zhai and Chen (2005, 2006). ESP-r, for example, has been integrated with CFD (Beausoleil-Morrison 2000). In 2005, a study by Zhai and Chen indicated that the coupling of building energy simulation and CFD has marginal benefits for buildings with natural convection. In 2006, Zhai and Chen mentioned that this coupling is not necessary if, for example, the building has a fairly mixed indoor environment, the energy simulation tool used has properly calibrated heat transfer correlations, and indoor airflow is dominated by internal heat gains. But both of the preceding studies suggest that coupling should be used for buildings such as those that have major indoor air temperature stratification and/or considerable indoor air movement.

Scartezzini et al. (1987) and Feustel (1999) mention the difficulty of measuring infiltration in buildings under controlled boundary conditions and suspect that none of the multizone models have been validated properly, if at all. However, Emmerich (2001) reviewed several validation studies of multizone models including cases of empirical validation, intermodel comparisons and analytical validation that have been published between 1990 and 2000. For example, Haghighat (1996) found that most of the airflow predictions of the multizone models CONTAM (Walton 1997) and COMIS (Feustel 1999) were within 20% of the measured airflows of a multizone laboratory space and a detached house. Blomsterberg et al. (1999) compared simulation results of COMIS against measured total air change rates of several detached houses and apartment buildings equipped with different ventilation systems and found that the model overpredicted the total air change rate by 26% in the worst case, but the agreement was reasonably good on average. These validation studies show that the multizone models can be used to predict air flows in buildings.

Normally, in studies related to the energy impact of infiltration, the conduction and infiltration heat losses are simply calculated on the basis of the temperature difference between inside and outside air, while the conduction and infiltration are treated as two independent processes. Since 1985, when Kohonen et al. (1985) published their experimental and numerical study concerning thermal coupling of leakage air and heat flows in a building envelope, the heat recovery effect between infiltration air and exterior walls have been studied by several authors in, for example, Virtanen (1993), Buchanan and Sherman (2000) or Qui and Haghighat (2007). This phenomenon is utilized especially with the dynamic insulation walls that are intentionally made porous, but the infiltration heat recovery (IHR) effect has been proven to decrease the energy use of the building, even if the infiltration air flows mainly through the cracks. Several numerical and analytical models have been taken into account in the building energy simulation software available for third parties.

In (V), this effect is studied using the simplified model developed by Buchanan and Sherman (2000), which was derived from a steady state one-dimensional coupled heat and mass transfer analysis. This model treats the IHR process as one-dimensional heat transfer process in a flowing fluid and the model is based on the analytical solution of the convection diffusion equation (Sherman and Walker 2001). In this model, the infiltration heat recovery effect is simulated, correcting the infiltration heat losses that are calculated in a conventional way (Q_{inf-c}) with an infiltration heat recovery factor ε , while the conduction heat losses are assumed to remain unchanged

$$Q_{inf} = (1 - \varepsilon) \cdot Q_{inf-c}.$$
⁽¹⁾

In principle, it is only a question of definition whether the IHR effect is taken into account in the calculation of infiltration heat losses or conduction losses (Virtanen 1993). The model of Buchanan and Sherman (2000) provides an analytical solution for the heat recovery factor ε as a function of effective Peclet number (Pe_{inf} and Pe_{exf}). The Peclet number that assumes perfect coupling between conduction heat transfer and infiltration air was defined as

$$Pe = \frac{\dot{m} \cdot c_p}{U \cdot A}, \qquad (2)$$

where \dot{m} is infiltration air mass flow (kg/s), c_p is specific heat of air (J/kg·K), U is U-value (W/m²·K) and A is surface area of building envelope (m²). The effective Peclet numbers for infiltrating or exfiltrating air was defined as

$$\operatorname{Pe}_{\operatorname{inf}/\operatorname{exf}} = \frac{\operatorname{Pe}}{\operatorname{f}_{\operatorname{inf}/\operatorname{exf}}},$$
(3)

where f_{inf} and f_{exf} are the ratios of the building envelope that are actively participating in the heat transfer process between the building envelope and the air

$$f_{inf/exf} = \frac{U_{inf/exf} \cdot A_{inf/exf}}{U \cdot A}, \qquad (4)$$

where A_{inf} and A_{exf} correspond to the area of the envelope that is affected by infiltration or exfiltration, (m²) and U_{inf} and U_{exf} are U-values of these parts (W/m²·K). The preceding areas are not the physical areas of the cracks, but the areas that undergo thermal changes due to infiltration or exfiltration. The model of Buchanan and Sherman is symmetric between infiltration and exfiltration and provides the heat recovery factor as a sum of infiltration and exfiltration contributions as follows

$$\varepsilon = \varepsilon_{\inf} + \varepsilon_{exf} = \frac{1}{Pe_{\inf}} - \frac{1}{e^{Pe_{\inf}} - 1} + \frac{1}{Pe_{exf}} - \frac{1}{e^{Pe_{exf}} - 1},$$
(5)

where ε_{inf} and ε_{exf} are the heat recovery factors for infiltration or exfiltration.

Buchanan and Sherman (2000) compared their simplified model against detailed 2- and 3dimensional CFD calculations and the simplified model was found to predict a slightly higher IHR factor (ϵ) at low infiltration airflow rates and a lower IHR factor at higher flow rates. The differences that were found were less that 20 percentage units. Qui and Haghighat (2007) compared their analytical IHR model against the model in Buchanan and Sherman (2000) and both of them were compared against experimental results. The model in Buchanan and Sherman (2000) predicted a slightly higher (less than 10 percentage units) IHR factor in all the studied infiltration airflow rates than the other model and the experiment. These studies show that the model that was used in (V) is applicable for rough estimations of the IHR effect.

3 METHODS

3.1 Finnish outdoor climate

According to the updated Köpper-Geiger climate classification (Peel et al. 2007), Finland belongs to the cold climate zone (D), which is a dominant climate type in the North America and Asia. More precisely, Finland can be divided into five climate categories from south to north from hemiboreal to hemiarctic zones (Solantie 1992), originally defined for vegetation. According to the Finnish building code (D5 2007), Finland is divided into four climate zones (I-IV) for energy calculations of buildings (see Figure 1 and Table 1) and the weather data of 1979 can be used in these calculations. This weather data was originally selected by Tammelin and Erkiö (1987) to represent the Finnish energy test year. According to their study, Helsinki, Jyväskylä and Sodankylä represent typical weather conditions of climate zones I, III and IV.

The weather data of 1979 is still commonly used as test-reference data for heat energy calculations, although outdoor temperatures are slightly increased because of the global climate change. According to the weather statistics, the average outdoor temperature of a ten-year period has risen from the '70s to the present by 1.1°C in Helsinki, 1.3°C in Jyväskylä and 1.4°C in Sodankylä (Derbs et al. 2002), showing that the outdoor air temperature difference between southern and the northern Finland has also slightly decreased. Because of the temperature rise, heat energy use calculated with the weather data of 1979 is slightly overestimated.



Figure 1. Finnish climate zones (I-IV) for energy calculations (D5 2007). Simulations are carried out with hourly weather data of Helsinki, Jyväskylä and Sodankylä.

Location	Climate zone	T _{out} , °C	U _m , m/s
Helsinki (lat 60°19' N, long 24°58'E)	Ι	4.3	4.1
Jokioinen (lat 60°49' N, long 23°30'E)	II	3.7	3.7
Jyväskylä (lat 62°24' N, long 25°41'E)	III	2.8	3.0
Sodankylä (lat 67°22' N, long 26°39'E)	IV	-0.8	3.2

Table 1. The average annual outdoor temperature T_{out} and wind velocity U_m at the weather station in the test year 1979. (Meteorological yearbook of Finland 1980).

In articles (I, III and VI), thermal simulations were carried out using the weather data of 1979 from Helsinki. The climate dependence of infiltration was studied in (V) simulating the modelling object with the weather data of 1979 from Helsinki, Jyväskylä and Sodankylä.

The evaluation of infiltration model was performed in (IV) using weather data of Helsinki from three-week period in 2005. The outdoor air temperature and wind velocity of this test period are shown in Figure 2. The outdoor temperature was measured next to the studied house and the wind data were measured at the weather station of the Finnish Meteorological Institute at the Helsinki-Vantaa airport (distance from the studied house 30km). The measured average temperature of this period was -7 °C and the average wind velocity 4.5m/s.



Figure 2. Outdoor temperature and wind velocity in Helsinki during 5-24 of March 2005.

3.2 Dynamic IDA-ICE simulation tool

Dynamic simulations in (I and III–V) were carried out using IDA-ICE 3.0 building simulation software. In IDA-ICE, the airflow between the zones and outdoors caused by the pressure differences is simulated by means of a nodal network, where the flow paths, cracks, or openings between the zones or outdoors are described as flow resistances. The crack flow is simulated with the following empirical power law equation

 $\dot{\mathbf{m}} = \mathbf{C} \cdot \Delta \mathbf{P}^{\mathrm{n}}$,

where C is a flow coefficient that is related to the size of the opening (kg/s·Paⁿ), ΔP is the pressure difference across the opening (Pa), and n is a flow exponent characterizing the flow regime (-). This equation is widely accepted in measurements and air infiltration standards (Liddament 1987), (Walker et al. 1998), and Sherman (1992) has developed the theoretical basis of this expression. Honma (1975) showed that the flow exponent n is constant over a wide range of flow rates and pressure differences for a given crack geometry and indicated that n varies with the Reynolds number of the crack flow. It was shown also in Walker et al. (1998) that both the flow coefficient C and the flow exponent n can be considered to be independent of flow rate and pressure difference over 0.1Pa pressure difference. The power-law equation is commonly used in multizone models (Feustel 1992) and the validity of this kind of approach is studied, for example, in Blomsterberg et al. (1999). Etheridge (1998) showed that a quadratic flow equation shown in Etheridge (1977) is preferable to the power law equation, especially at low pressure differences (1-10Pa), while (Walker et al. 1998) prefer to the power law. This indicates that more study is needed about the modelling of crack flow.

(6)

IDA-ICE uses the following linearized power law equation (Equation 7) around a zero pressure difference resulting from numerical reasons and normal power law equation (Equation 6) when the pressure difference equals or exceeds a limit value of linearization dp_0 (Sahlin 1996)

$$\dot{\mathbf{m}} = \mathbf{C}_0 \cdot \Delta \mathbf{P} \qquad |\Delta \mathbf{P}| < \mathbf{dp}_0, \tag{7}$$

where C₀ is a linearized flow coefficient defined as

$$\mathbf{C}_0 = \mathbf{C} \cdot \mathbf{d} \mathbf{p}_0^{n-1},\tag{8}$$

where C is the flow coefficient $(kg/s \cdot Pa^n)$ and n the flow exponent (-). The default limit value of linearization $(dp_0 = 5Pa)$ of IDA-ICE 3.0 is used in (I), but 0.1Pa limit was used in (IV) and (V) because Walker et al. (1998) found a slight trend for the crack flow to be laminar below a pressure difference of 0.1 Pa.

3.3 Utilisation factor method EN ISO 13790

Simplified monthly calculation method EN ISO 13790 (2004) for space heating is a quasisteady state method, where the dynamic effects of internal and solar heat gains are taken into account through a utilisation factor (Roulet 2002). The applicability of this method for Finnish conditions was studied in (III), comparing heat-demand results against the results of IDA-ICE. In the utilisation factor method, the heat demand of the heated space Q_h is defined for each calculation period as follows

$$Q_{h} = Q_{L} - \eta \cdot Q_{g}, \qquad (9)$$

where Q_L is the heat loss of the building (kWh), η the utilisation factor of heat gains (-) and Q_g total heat gains including solar and internal heat gains (kWh). The utilisation factor η for heat gains is defined in the standard

If
$$\gamma \neq 1$$
: $\eta = \frac{1 - \gamma^a}{1 - \gamma^{a+1}}$, (10)

If
$$\gamma=1$$
: $\eta = \frac{a}{a+1}$, (11)

where γ is heat gain and loss ratio and a is a numerical parameter defined as

$$\mathbf{a} = \mathbf{a}_0 + \frac{\tau}{\tau_0} \,, \tag{12}$$

where a_0 is numerical parameter (-), τ_0 is reference time constant (h) and τ is time constant of the building τ (h). This correlation-based calculation method for the utilisation factor used by the standards (EN 832: 1998) and (EN ISO 13790: 2004) was originally developed in the European PASSYS project at the beginning of the nineties (Wouters 1993). In that project, the functional shape of the utilisation factor shown in Equations (10) and (11) was determined using a curve fitting of the monthly points of (η , γ , τ) obtained from calculations of a reference building with different European climates. In the calculations, the glazed area, orientation and thermal inertia of the building were varied and a correlation for Equation (13) was determined against the simulation tool ESP-r

$$\eta = f(\gamma, \tau) \,. \tag{13}$$

The average European values for the parameters were determined to be $a_0 = 1$ and $\tau_0 = 16h$ for the standard EN 832 and, later, for the monthly method of standard EN ISO 13790, the values were concluded to be $a_0 = 1$ and $\tau_0 = 15h$ for continuously heated buildings. The effect of thermal inertia of building structures on the utilisation factor is shown in Figure 3 with the default values of parameters a_0 and τ_0 .



Figure 3. Utilisation factor for monthly calculation of lightweight, medium weight and massive continuously heated buildings with the default values of parameter $a_0 = 1$ and $\tau_0 = 15$ h.

3.4 Measurement methods

In (IV) and (V), the airtightness of the building envelope was measured with a standardized (EN 13829: 2001) fan pressurization method using Minneapolis Blower Door Model 4 equipment (flow range at 50Pa from $25m^3/h$ to $7800m^3/h$, accuracy $\pm 3\%$). To measure the air leakage of the envelope, depressurizing tests were conducted. All the exterior openings – windows and doors – were closed and the ventilation ducts and chimney were sealed. Measurements were made at 10 Pa pressure difference steps from 0 to 60 Pa. The leakage air change rate per hour at a pressure difference of 50 Pa was determined from the trend line of the measurement results. The leakage airflow rate was divided by the internal volume of the building to get the building leakage rate n₅₀.

Several methods exist for approximation of distribution of leakage openings (Allen 1985), for example, the pressurization test, tracer gas tests or infrared photography. The most widely used method has been the pressurization test, for example, measuring each component separately in the envelope and comparing relative magnitude of each leakage or pressurising the whole building and successively sealing each leakage site in turn. Multiple tracer gas tests have been used to study large-scale air movements between the zones, for example, between the attic and top floors of the building. Interzonal airflows, infiltration and their distribution have also been studied with multifan pressurization methods (Fürbringer 1991). Infrared photography has been used with the pressurization test (Polvinen 1983, Allen 1985) to show only the location of leakage paths in the envelope.

It has been shown, for example in Allen (1985), that leakage distribution is a function of pressure difference over the envelope, due to the nonlinearity of leakage airflow rate over the pressure difference. Normally, there is a variety of cracks in the envelope with different values of flow exponent (see Equation 6), giving rise to a variation in leakage distribution, depending on the pressure difference. The difference can be substantial; for example, Warren (1980) reported up to 27 percentage units difference in leakage distribution over the envelope when the pressure difference was increased from 5Pa to 50Pa. The leakage distribution was studied in (IV) with a thermography test with pressurization, but the variation of flow exponent was not studied.

A two-phase thermography test was used in (IV) to determine air leakage places and to approximate the area of the envelope (see Equation 4) that is affected by infiltration or exfiltration in (V). Also a method to approximate the distribution of infiltrating air based on the results of this kind of thermography test was developed. The thermography test was carried out with a FLIR ThermaCam P65 infrared image camera (thermal sensitivity of 0.08 °C, measurement range -40 °C to +500 °C) in the study. The test was performed inside the building during the heating season when the difference between the indoor and outdoor temperatures was 25°C. General requirements for the test conditions for the thermography of the building are given; for example, the minimum internal-to-external temperature difference during the test is 10°C according to the standard (EN 13187: 2001) or 15°C according to the guideline (LVI 10-10393: 2005). All external walls and the roof were investigated from inside the house. Thermography investigations were performed twice, see Figure 4. First, to determine the normal situation, the surface temperature measurements were performed without any additional air pressure difference. Next, to determine the main air leakage places, a 50 Pa negative pressure over the envelope was set with fan pressurization equipment. After the infiltration airflow had cooled the inner surface of the envelope, the surface temperatures were measured with the infrared image camera from the inside of the house. The temperature difference between these two measurements shows the air leakage.

The relative decrease in the surface temperature was used to determine and to classify the air leakage places. The relative decrease in the surface temperature shows the relation of the temperature difference between the internal surface of the building envelope measured before and after the depressurization to the difference between the indoor and the outdoor air temperatures as follows

$$\Delta T = \frac{T_{s,i1} - T_{s,i2}}{T_{in} - T_{out}} \cdot 100\%, \qquad (14)$$

where ΔT is relative decrease in surface temperature (%), $T_{s,i1}$ is surface temperature of point *i* measured at the normal pressure conditions (°C), is $T_{s,i2}$ is surface temperature of point *i* measured at -50 Pa pressure conditions (°C), T_{in} is indoor air temperature (°C) and T_{out} is outdoor air temperature (°C).



Figure 4. An example of infrared camera illustrations under normal (a) and -50 Pa pressure conditions (b).

For the simulation model in (IV), the leakage routes of the modelling object were roughly classified according to the relative temperature decrease and the position. The shape or area of the leakage openings shown by the infrared camera illustrations are not taken into account, and nor are those leakage routes with a relative temperature decrease of less than 10%. The leakage routes that were taken into consideration were divided into three categories according to the relative temperature decrease ΔT , see Table 2. The temperature decrease was simply taken into account using the assumed weighting factors g of the categories. Because the relative temperature decrease is not absolute characteristic of air leakage (Kalamees et al. 2007), these weighting factors can not be defined accurately.

Table 2. Three categories of leakage routes based on the relative temperature decrease. The number x corresponds to the total number of leakage openings in the house that belong to these categories.

ΔΤ, %	Weighting factor g	Number x
10-20	1	33
20-30	2	18
>30%	3	5

The vertical position of the leakage routes was taken into account using five categories; see Table 3. Horizontally, the exact position of the leakage routes in an exterior wall was not taken into account; only the distribution of the leakage places between the facades was considered. This means that only one leakage opening per facade at any particular vertical position may exist in a zone.

Table 3. Typical vertical positions of the air leakage openings on both floors of the detached house that was studied in (IV) and (V).



The product G of the weighting factor g and number x of the leakage routes was calculated for each facade F and category Z as follows

$$\mathbf{G}_{\mathrm{F},\mathrm{Z}} = \mathbf{g}_{\mathrm{F},\mathrm{Z}} \cdot \mathbf{x}_{\mathrm{F},\mathrm{Z}} \,. \tag{15}$$

The total sum of $G_{F,Z}$ in the house is calculated as the sum over all the facades F and the vertical positions Z

$$G^{tot} = \sum_{F=1}^{4} \sum_{Z=1}^{5} G_{F,Z} .$$
(16)

The distribution of the leakage openings in the house is approximated by dividing $G_{F,Z}$ by Equation (16)

$$D_{F,Z} = \frac{G_{F,Z}}{G^{tot}} \cdot 100\%,$$
(17)

where $D_{F,Z}$ is a proportion of a single leakage opening in the model to all the leakage openings taken into account.

In (IV), the follow-up measurement of air pressure differences over the building envelope (see Figure 5) and air temperature inside and outside the building were conducted. Pressure differences were measured using calibrated FCO44 differential pressure transducers made by Furness Controls Ltd. The accuracy of these devices is better than $\pm 2.5\%$ in the measurement range from 0Pa to ± 20 Pa. Indoor and outdoor air temperatures were measured using Tinytag Plus loggers made by Gemini Data Loggers Ltd; the accuracy of this sensor is ± 0.2 °C in the range from 0°C to 50°C. Pressure difference and temperature data were collected using a 5-minute time step.



Figure 5. Measurement points of the air pressure difference over the building envelope on the base and the top floor of the house in (IV).

4 **RESULTS**

4.1 Balanced ventilation system

The performance of various mechanical ventilation systems in apartment building was studied in (I) using IDA-ICE simulation tool. Results and description of the simulated cases are summarized in Table 4. The performance of a basic centralised constant air volume (CAV) mechanical supply and exhaust ventilation system was compared with a more flexible decentralised air handling system that had an option for variable air volume (VAV) suitable for demand-controlled ventilation with different control strategies. A centralised VAV ventilation system was considered to be too complicated and expensive for residential apartment buildings and was not studied. In the case of centralised ventilation systems, district heat was used to reheat the supply air (marked with "water"). Two levels of ventilation S2 and S3 were studied. The Class S2 rate of 8 l/s of fresh air per person is based on the Finnish classification of indoor climate (FiSIAQ 2001) for a high quality level of ventilation. Class S3 represents a lower level of ventilation, and agrees with the minimum requirements of the Finnish building code, i.e. 6 l/s per person and at least 0.5 ach.

Case	Description of the cases								Results								
	Nur	nber	Air handling unit Mec					Mecha-	Specific consumption, kWh/m²,a					Recove-			
	flats	per-	Centra-	Sys-	VAV	Reheat	Heat	De-	nical	District heating		Electricity				Total	red
		sons	lized:	tem	control	coil	reco-	sign	cooling	Radi-	Do-	Venti-	Coo-	Fans	House-		energy,
			'C'		stra-		very,	air		ators	mes-	lation	ling	and	hold		kWh/m²,a
			decent-		tegy		%	flow		and	tic			pumps	electicity		
			ralized:							venti-	hot						
			'D'							lation	water						
Central 1	2	6	С	CAV	-	water	60	S2	-	52.8	63.7	-	-	5.4	34.9	156.7	63.1
Central 2	1	3	С	CAV	-	water	60	S2	-	49.9	63.7	-	-	5.4	34.9	153.8	63.2
Central 2S3	1	3	С	CAV	-	water	60	S3	-	43.7	63.7	-	-	4.4	34.9	146.7	51.4
Central 2p2	1	2	С	CAV	-	water	60	S2	-	53.5	63.7	-	-	5.4	34.9	157.5	63.0
Central 5	1	3	С	CAV	-	water	60	S2	LR ¹	50.2	63.7	-	7.5	5.4	34.9	161.7	63.2
Central 5a	1	3	С	CAV	-	water	60	S2	LR ¹	50.4	63.7	-	9.5	5.4	34.9	163.9	63.2
Central 6	1	3	С	CAV	-	water	60	S2	LR ¹ , BR1 ²	50.4	63.7	-	7.6	5.4	34.9	161.9	63.2
Local 1	1	3	D	CAV	-	electricity	80	S2	-	26.5	63.7	5.5	-	11.2	34.9	141.7	94.4
Local 1a	1	3	D	CAV	-	electricity	60	S2	-	26.6	63.7	23.4	-	11.2	34.9	159.8	63.2
Local 2	1	3	D	CAV	-	-	80	S2	-	31.8	63.7	-	-	11.1	34.9	141.6	94.4
Local 3	1	3	D	VAV	CO ₂ ,T	electricity	60	S2	-	22.7	63.7	11.8	-	8.2	34.9	141.3	38.2
Local 4	1	3	D	VAV	CO ₂ ,T	-	80	S2	-	25.3	63.7	-	-	8.2	34.9	132.1	58.9
Local 5	1	3	D	VAV	CO ₂	electricity	60	S2	-	22.4	63.7	11.3	-	5.7	34.9	137.9	32.7

Table 4. Description of simulated cases and annual energy use in the simulated cases divided by net floor area of the apartment.

¹ Living room

² Bedroom 1

Simulation *Central 2* is used as a reference case since this example represents the most basic possible centralised ventilation system. In the studied cases (see Table 4), decentralisation of the ventilation system increased electricity use from 2.9 to 29 kWh/m²a compared to the *Central 2* case, but total energy use of the apartment can be decreased up to 21.7 kWh/m² by means of higher efficiency of heat recovery and demand-controlled ventilation that were available with the decentralized ventilation system. The combination of VAV control with 80% heat recovery resulted in the lowest total energy consumption, which is illustrated by *Local 4*.

The effect of VAV control with heat recovery efficiency of 60% can be seen by comparing the results of simulations *Local 1a* and *Local 3*. By comparing these cases, it can be seen that VAV control reduces total energy consumption by 18.5 kWh/m²a, and electrical energy consumption by 14.6 kWh/m²a. In the case of CO₂ control only (*Local 5*), the savings are slightly higher, but this case is not comparable because of significantly reduced thermal comfort. When the heat recovery efficiency was 80%, the VAV control decrease total energy consumption by 9.6 kWh/m²a, which can be seen by comparing the results of *Local 1* and *Local 4*. The effect of VAV control on energy use depends also on airflow rates and the set points of control that were used.

The difference in energy consumption between *Local 1* and *Local 1a* shows the results of a change of heat recovery efficiency from 60% to 80%. At 60% efficiency, the total energy consumption was 18.1 kWh/m²a higher than for 80% efficiency. Decreasing the air change rate from 0.85 ach to 0.69 ach reduces total energy consumption by 7.1 kWh/m²a (*Central 2* vs. *Central 2S3*). The electrical load for mechanical cooling was between 7.5 to 9.5 kWh/m²a, being equivalent to19–24% of the total electricity consumption in the basic case, *Central 2*.

Duration curves of the indoor air temperature of the bedroom show that the highest indoor air temperatures occurred for the VAV ventilation system with CO_2 -only demand control (*Local 5*) and for the CAV ventilation system with the lower airflow rate (*Central 2S3*) (see Figure 6). The VAV ventilation system with both temperature and CO_2 control (*Local 4*) had similar indoor air temperature characteristics to the CAV ventilation cases. Indoor air temperatures were significantly lower when mechanical cooling was used (*Central 5 and 6*).



Figure 6. Duration curves of air temperature of the bedroom during one year.

Mechanical cooling of the apartment was required for less than 34% of the year. Peak powers of the cooling cases are shown in Table 5, where a peak power of 100% is defined as the maximum cooling power required at any instant during the year. In the simulated cases, the 99.9 percentile is between 83 and 85% of the peak power of 100%. This represents the ninth highest value of cooling power during the year. In the studied cases, the range of peak powers divided by the net floor area of the apartment, are 22-24 W/m² (100%) and 18-20W/m² (99.9%).

Table 5. Peak cooling power of the air conditioners. Powers of the table are sensible powers that were simulated with venetian blinds.

Case	Peak	x power (99.99	%), W	Peak power (100%), W				
	BR1	Living room	Total	BR1	Living room	Total		
Central 5	-	1 428	1 428	-	1 717	1 717		
Central 5a	-	1 546	1 546	-	1 817	1 817		
Central 6	337	1 201	1 538	451	1 403	1 854		

4.2 Electrically heated windows

The efficiency of electrically heated windows and U-value were studied in (II) using a numerical RC-network model. The U-value is commonly used to describe conduction losses in building envelope parts, i.e., for wall structures without internal heat gains. In such walls, heat flux is constant (in the steady state) in every layer. In a heated window, electrical heating power is switched to the selective layer of the pane. This means that the heat fluxes in the inner and outer panes are not equal and have commonly reverse directions. Thus, the U-value which has physical meaning is to be defined based on the heat flux from the outer surface to outdoors. It should be noticed that the U-value stated for the inner surface would have a negative value. The U-value of an unheated or a heated window is expressed as
$$U^{\text{off}} = \frac{q_{\text{out}}^{\text{off}}}{T_{\text{in}} - T_{\text{out}}}, \qquad U^{\text{on}} = \frac{q_{\text{out}}^{\text{on}}}{T_{\text{in}} - T_{\text{out}}},$$
(18)

where q is heat flux (W/m²), subscript *out* refers to the direction of heat flux (from outer surface to outdoors) and superscript *off* to an unheated window (a common window or heated window switched off) and *on* to a heated window and $T_{in} - T_{out}$ is the difference between the indoor and outdoor temperatures.

The efficiency of windows can be derived by comparing two different heating setups which are shown in Figure 7. In Figure 7, the heated window is combined with convective heating where heat is introduced directly into the air volume. In the first setup in Figure 7(a), there is convective heating only and in the second setup in Figure 7(b), in addition, the window is heated. The heat loss through the walls is set to zero ($q = 0W/m^2$) and because this term is the same in both setups, it will be cancelled out in the derivation of efficiency.



Figure 7. Derivation the efficiency by comparing the additional heat loss caused by electrical heating of the window to case with convective heating and unheated window. (a) A fully convective heating (Q^{off}) where convective heat is introduced directly into air. (b) Heated window and positive or negative convective heat output (Q^{on}) for maintaining the same indoor air temperature as in (a).

The efficiency of electrically heated windows, which may be used for improving thermal comfort near glazing, can be expressed as the difference between the convective heat terms needed to maintain the same indoor temperature in relation to the electrical heat output of the window

$$\varphi = \frac{Q^{\text{off}} - Q^{\text{on}}}{p}, \qquad (19)$$

where φ is efficiency of heated windows (-), Q is convective heat introduced into air (W), superscript *off* refers to the unheated window and *on* to the heated window and *p* is heat output of the window (W). Expanding the terms in Equation (19) by substituting the heat balance of indoor air and the heated window, see Figure 7, the efficiency can be expressed as

$$\varphi = \frac{q_{out}^{off} + q_{in}^{on}}{P} = 1 - \frac{q_{out}^{on} - q_{out}^{off}}{P},$$
(20)

where subscript *in* refers to the direction of heat flux (from inner surface to indoors) and P is electrical heat output of the window (W/m^2) . The first expression in Equation (20) gives useful formulation: efficiency is the proportion of the electrical heat output P, which is used to cover the heat losses of the window and for the heating of the room. The second form of Equation (20) can be stated directly, based on an additional heat loss in the heated window: the efficiency is equal to 1 minus the additional heat loss in relation to the electrical heat output.

The RC-model of the electrically heated windows was completed and the efficiency of several window types was calculated numerically. The effect of the temperature of the inner surface on the efficiency is shown in Figure 8 for a double-glazed window with three surface temperatures. This window has a selective layer with emission factor $\varepsilon_w = 0.2$ and the U-value is within the range from 1.97 to 1.73 W/m²·K at an outdoor temperature of -20 to +10 °C, respectively. The indoor temperature is 20 °C. Figure 8 shows a significant outdoor temperature dependency for the efficiency compared to the surface temperature dependency, because the effect of the surface temperature is less than one percentage unit in efficiency.



Figure 8. The dependency of the efficiency on outdoor air temperature and inner surface temperature (T_1) in the case of a double-glazed window with U-value of 1.8 W/m²·K at rating conditions.

Heat output to the room as a function of temperature difference between surface and indoor air is shown in Table 6 in the case of free convection on the inner surface without any disturbance caused by indoor airflows (Incropera and De Witt 1990), which is assumed to be valid for radiant floor heating.

Temperature difference (surface – indoor), °C	0	5	10	20
Heat flux to the room, W/m^2	0	32.8	72.0	162.0

Table 6. Heat output to the room from electrically heated windowpane.

The effect of heat transfer between inner windowpane and room air on efficiency of the windows was studied with two different convective heat transfer relations: the relation for free convection (Incropera and DeWitt 1990) and the relation developed for window surface with radiator heating (Khalifa and Marshall 1990). The following values are given at -10 °C outdoor air temperature and 25 °C surface temperature:

- $\phi = 65\% \rightarrow 73\%$ (h_c = 2.5 $\rightarrow 10.2$ W/m²·K) Double - glazing

-
$$\phi = 76\% \rightarrow 84\%$$
 (h_c = 2.2 \rightarrow 9.2W/m² · K) Triple - glazing.

The efficiency and U-values at varying outdoor temperature are shown in Figure 9 for two window types at 25 °C inner surface temperature. The U-value of unheated double-glazed windowpanes is 1.1 W/m^2 ·K at rating conditions (outdoor temperature 0°C) and triple-glazed window 0.5 W/m²·K, respectively. The efficiency of highly insulated triple-glazed windows is about 10 percentage units higher and the dependency on outdoor air temperature is slightly lower compared to double-glazed windows are 3 and 5 percentage units when the outdoor temperature ranges from -20 to +10°C. In Figure 9 the outdoor temperature dependency of U-values is result from non-linearity in the convective and radiation heat transfer between the windowpanes. In the case of heated window, U-value is also dependent on electrical heat output P as shown in Equation (18) and Figure 7.



Figure 9. The efficiency and U-values for double-glazed (a) and highly insulated tripleglazed windows (b). The double-glazed window has one low-emission ($\varepsilon_w = 0.04$) selective layer and the triple-glazed two layers.

When efficiencies of all the studied windows shown in (II) were plotted against the U-value of an unheated window, the linear correlation shown in Figure 10 can be drawn. In Figure 10 the efficiencies and U-values were plotted for studied outdoor temperatures (-20, -10, 0 and +10°C) and for inner windowpane surface temperatures (20 and 25°C). The efficiency is slightly outdoor temperature dependent because of the outdoor temperature dependency of U-values, as shown in Figure 9, but the correlation shows in Figure 10, that efficiency is primarily dependent on the U-value of an unheated window.



Figure 10. The efficiencies of double- and triple-glazed windows filled with air and krypton plotted against U-value of unheated window at +10 °C, 0 °C, -10 °C and -20°C outdoor temperatures and at 25°C and 20 °C inner pane surface temperatures (T₁).

The outdoor temperature dependency of the U-value explains why the same window shows different values of efficiency at different outdoor temperatures in Figure 10. According to Figure 10, efficiency can be expressed by the following linear equation

$$\varphi = 0.985 - 0.175 \cdot U \,, \tag{21}$$

where U is the U-value of an unheated window at a specific outdoor temperature (W/m²·K). The linear correlation shows an error of 0.015 at U = 0 as efficiency should be 1 at U = 0. Equation (21) applies for any outdoor air temperature within the range from -20°C to +10°C due to outdoor-temperature-dependent U-value. If a U-value is known only at rating conditions, the efficiency is obtained at rating conditions and the variation caused by the outdoor-temperature dependency of the U-value cannot be estimated.

It was also shown in (II) that efficiency formulas may be further simplified for a given window-type by the use of constant heat transfer coefficients; efficiency was expressed as a function of outdoor temperature only $\varphi = f(T_{out})$. The error caused by simplification was less than 2.3% within the outdoor-temperature range from -20°C to +10°C.

4.3 Calibration of EN ISO 13790

The calibration of EN ISO 13790 against IDA-ICE was conducted in (III) with 30 different cases, including apartment buildings, detached houses and office buildings. The cases were selected to include the typical variety of building factors: thermal inertia of building structures and level of thermal insulation. The effect of internal and solar heat gains was also studied.

The structures of the studied buildings were lightweight steel or wood frame constructions in the lightweight cases. In the medium weight cases, all the walls were lightweight, but there was a concrete intermediate floor in the apartment and the office buildings and a concrete base floor in the detached house. The roof of the detached house was lightweight. In the massive cases, all the structures of the buildings were massive concrete structures. Only the interior walls of the office building were lightweight. The time constant of the buildings calculated according to EN ISO 13790 was 16-41h in the lightweight cases, 56-200h in the medium weight cases and 223-439h in the massive cases.

Two levels of internal heat gains were studied: Finnish internal heat gains, which were considered to be typical in Finland, and CEN heat gains defined by standard EN ISO 13790. The annual sum of CEN heat gains were about 20-50% lower than the Finnish heat gains, depending on the building type. Two levels of thermal insulation were also studied: the basic, when U-values correspond to the minimum requirements of the Finnish building code C3 (2003), for example 0.25W/m²·K for external walls or 1.4 W/m²·K for windows, or they are slightly better. At the improved level, U-value for the external wall is 0.19 W/m²K and 0.8-1.0 W/m²·K for the windows, respectively.

4.3.1 Selection of a_0 and τ_0

The procedure for selecting the parameters in (III) was based on the effect of thermal inertia of the building structures on heat demand and the difference in heat demand between IDA-ICE and EN ISO 13790. The effect of thermal inertia m between the lightweight and massive cases was calculated by

$$m = \left(\frac{Q_{ah}^{LW} - Q_{ah}^{M}}{Q_{ah}^{LW}}\right) \cdot 100\%, \qquad (22)$$

where Q_{ah} is annual heat demand of the building (kWh/m²a), superscript LW refers to the lightweight building and M to the building with massive structures. The parameters of EN ISO 13790 were determined for every studied building type so that the effect of thermal inertia on annual heat demand (Equation 22) corresponds to the results of IDA-ICE in Finnish conditions as closely as possible. Furthermore, the average difference e in annual

heat demand between the dynamic simulation and EN ISO 13790 should reach the smallest possible value

$$e = \frac{1}{y} \sum_{k=1}^{y} 100\% \cdot \frac{\left| Q_{ah-IDA}^{k} - Q_{ah-EN}^{k} \right|}{Q_{ah-IDA}^{k}},$$
(23)

where y is the number of cases, Q_{ah-IDA} is annual heat demand calculated with IDA-ICE (kWh/m²a) and Q_{ah-EN} is annual heat demand calculated with EN ISO 13790 (kWh/m²a). Every building type was studied with 480 combinations of a_0 and τ_0 . Suitable parameters for Finnish conditions were chosen with the intersectional points shown in Figure 11.



Figure 11. The effect of thermal inertia on heat demand of the apartment building (a), office building (b) and (c) detached house according to IDA-ICE (dotted line) and EN ISO 13790.

The combinations of the studied a_0 and τ_0 closest to the intersectional points for the apartment and office buildings are listed in Table 7. For the apartment building, the most suitable parameters are ($a_0 = 6$, $\tau_0 = 7h$). For the office building, the selected parameters were ($a_0 = 2$, $\tau_0 = 15h$), even if the difference between the methods is unacceptably high. For the detached house, EN ISO 13790 indicates a higher effect of thermal inertia than

IDA-ICE, regardless of the parameters. This is because of the different floor structures of the lightweight and massive house. In the study, heat losses through the floor in the lightweight house with ventilated crawl space are slightly higher than heat losses of the floor with concrete slab on the ground, because the U-values of both of the structures were equal. Regarding the effect of thermal inertia, the parameter $a_0 = 6$ (see Figure 11c) shows the best possible agreement between the calculation methods in the case of detached house. With the studied combinations of the values $a_0 = 6$ and τ_0 from 1h to 20h, the average difference between the calculation methods is not sensitive to the studied values of τ_0 when $a_0 = 6$, the parameters of the apartment building ($a_0 = 6$, $\tau_0 = 7h$) were also chosen for the detached house.

Table 7.	The	effect	of th	ermal	inertia	on	annual	heat	demand	and	the	average	difference
between	the II	DA-IC	E and	EN IS	SO 137	'90 (calculat	ed wi	th the ch	osen	set	of a ₀ and	τ ₀ .

Parame	rameters The effect of thermal inertia m (%)		mal inertia m (%)	The average difference e in annual heat demand				
a ₀	$\tau_0(h)$	IDA-ICE (ref.)	EN ISO 13790	between IDA-ICE and EN ISO 13790 (%)				
Apartm	ent building	S						
0.1	3	9.3	8.2	18.4				
0.5	3	9.3	7.7	18.6				
1	4	9.3	11.4	17.3				
2	4	9.3	9.7	17.8				
3	4	9.3	8.4	18.3				
4	5	9.3	9.5	17.8				
5	6	9.3	9.8	17.5				
6	7	9.3	9.5	17.5				
Office b	ouilding							
0.1	7	29.8	29.9	45.6				
0.5	8	29.8	30.6	45.3				
1	9	29.8	29.8	45.3				
2	15	29.8	30.9	43.9				

4.3.2 Comparative tests

The results of the studied cases covering annual heat demand per net floor area of the studied zones calculated with the monthly method EN ISO 13790 using the original and the calibrated values of the parameters a_0 and τ_0 are compared against results of IDA-ICE. Figure 12 shows that, in all cases of the apartment buildings calculated with the original values of a_0 and τ_0 , EN ISO 13790 overestimates heat demand for the lightweight cases, but it makes an underestimation for the massive cases; the resultant average effect of thermal inertia was 40%. With the calibrated values of $a_0 = 6$ and $\tau_0 = 7$ h, the overestimation of the heat demand for lightweight buildings vanish and the average effect of thermal inertia is similar to the IDA-ICE result (9.5% vs. 9.3%). The calibrated EN ISO 13790 underestimates the heat demand by 8-29% compared to the IDA-ICE results.



Figure 12. Annual heat demand of the apartment building calculated with IDA-ICE and EN ISO 13790.

The agreement between EN ISO 13790 and IDA-ICE is better with the detached house (see Figure 13). The original EN ISO 13790 shows good agreement with the IDA-ICE results for the massive and medium-weight cases. But, as with the apartment building, EN ISO 13790 overestimates the effect of thermal inertia; the resultant average effect of thermal inertia was 25%. With the calibrated values, the overestimation of the heat demand for the lightweight building is reduced and the effect of thermal inertia is closer to the IDA-ICE results (18.3% vs. 15.1%) and the difference between the results of the calculation methods is 0-9%.



Figure 13. Annual heat demand of the detached house calculated with IDA-ICE and EN ISO 13790.

Heat demand in the office building is strongly underestimated for all the building structures regardless of the values of a_0 and τ_0 (see Figure 14). At the same time, the resultant annual heat losses of the methods are almost equal; they are only 1.5-2.4% lower, according to EN ISO 13790. The effect of thermal inertia could be corrected quite close to the IDA-ICE results (30.9% vs. 29.8%) with the modified values, but the use of the monthly method for office buildings in Finnish conditions is questionable due to the strong underestimation of heat demand.



Figure 14. Annual heat demand of the office building calculated with IDA-ICE and EN ISO 13790.

4.4 Infiltration of building envelope

4.4.1 Evaluation of the simulation model

The evaluation of a multizone infiltration model of an existing two-storey detached house was performed in (IV) by comparing the simulated and measured pressure conditions of the building during a three-week test period in the heating season. Two different cases were simulated concerning the methods of defrost protection of the heat recovery system in the air handling unit:

- Case 1: On/off control of the supply fan, as it is in the measured house.
- Case 2: Bypass control of the supply fan.

The differences in the average indoor air temperatures between the measurement and simulation results were 0.2°C or less during the test period and the differences between the average pressure differences were also quite small; the maximum error is 0.6Pa in case 1 and 1.1Pa in case 2, see Table 8. Figure 15 shows the measured and simulated hourly air pressure differences over the envelope. In both simulation cases, the model gives some peaks that clearly deviate from the measured pressure. For example, the measured peaks of pressure differences were positive on the top and base floors on 17th March, but the model gave opposite (negative) pressure differences. In case 1, the simulated pressure differences

follow the measurement results more precisely and the correspondence between the results is quite good, while the model tends to overestimate the pressure differences more in case 2.

Table 8. Measured and simulated average indoor air temperatures and pressure differences

Method	Indoor air te	mperature, °C	Pressure difference, Pa			
_	1 st floor	2 nd floor	1 st floor	2 nd floor		
Measurement	19.7	17.0	-3.3	1.9		
Simulation-case 1	19.7	17.2	-2.7	2.2		
Simulation-case 2	19.8	17.2	-2.2	2.8		

over the envelope during the three-week test period.





Figure 15. Measured and simulated air pressure conditions of the detached house on the base (a) and top (b) floors during the three-week measurement period from 5^{th} to 24^{th} March 2005.

The air pressure differences are shown as a function of the temperature difference between indoor and outdoor air in Figure 16. According to the measurement results, the pressure difference decreases with an increasing temperature difference on the base floor, but the temperature dependence of the pressure difference is weak on the top floor. The different measured correlations between the air pressure and the temperature differences on the base and top floors are the result from the stack effect and the ventilation system. A need of defrost protection of the ventilation system increases in the measured house as the outdoor temperature decreases. The effect of defrost protection on air pressure distribution depends on ventilation air flow rates of each room types. Results show that the temperature dependence of the pressure difference can be simulated more accurately in case 1, where the defrost protection method of the modelling object is taken into account. In case 2, where the fans of the air handling unit are always on, the model predicts somewhat higher pressure differences than the measurement result at the lowest outdoor air temperatures.



Figure 16. Measured and simulated pressure conditions of the detached house on the base (a, b) and top (c, d) floors during the test period. The pressure differences are shown as a function of the temperature difference between indoors and outdoors.

The error, defined as the difference between the measured and simulated air pressure differences (case 1) over the envelope on the top floor, is shown as a function of local wind speed and direction (see Figure 17). In Figure 17(a) the local wind speed at the level of the roof of the detached house was approximated using a wind profile equation developed by Sherman and Grimsrud (1980) and the wind direction shown in Figure 17(b) is the measurement result from the weather station. This error between the measured and simulated air pressure differences does not depend on the wind speed and the mean absolute values of the error between the compass points give an indication that the error does not depend strongly on the wind direction.



Figure 17. The errors between the simulated (case 1) and measured air pressure differences over the envelope on the top floor. The errors are shown as a function of wind speed (a) and direction (b). The average errors between the main compass points are also shown (b).

4.4.2 Infiltration analyses

In (I), infiltration of a seven-storey house was studied using IDA-ICE simulation tool in a single case with approximate initial data concerning airtightness and distribution of leakage paths and calculation of wind pressure. Two apartments and a staircase were simulated and the approximation of average infiltration rate of the building was concluded to be 0.05 ach in sheltered wind conditions.

In (V), the effect of various factors on infiltration and heat energy use of Finnish detached houses were simulated with IDA-ICE using the evaluated model shown in (IV) and a simple adapted infiltration model was developed based on the simulation results. The cases were simulated with three levels of airtightness. Almost completely airtight detached houses were described with a building leakage rate of $n_{50} = 0.15$ ach, while the airtightness of typical detached houses was simulated using $n_{50} = 3.9$ ach; the leakage air change rate $n_{50} = 10$ ach describes leaky detached houses.

According to extensive field measurements from 170 Finnish detached houses (Vinha et al. 2005, Korpi 2007), the mean value of n_{50} is 3.9 ach in timber frame houses, 5.8 ach in log houses and 2.3 ach in houses made of concrete, brick or lightweight block (see Figure 18). Because no clear correlation between flow exponent (n) and building leakage rate (n_{50}) can be found in 170 measured Finnish detached houses, most of the studied cases in (V) were simulated with mean value of flow exponent 0.73. The effect of flow exponents was also studied with values 0.63 and 0.83. Over 90% of the measured flow exponents were in the range of 0.73 ± 0.1 .



Figure 18. The building leakage rate and the flow exponent of the measured detached houses divided into three categories according to their respective building structure.

According to Figure 19(a), the infiltration is a climate-dependent phenomenon; the difference in annual infiltration rate between Helsinki (I) and Sodankylä (IV) is 10%, but it is only about 1% between Helsinki (I) and Jyväskylä (III). The resultant infiltration rate is almost the same in I and III zones, because the effect of lower outdoor air temperature in Jyväskylä is roughly compensated by weaker wind conditions (see Table 1). In the climate conditions of Helsinki, the effect of wind on the annual infiltration rate of the studied house is less than 10% in the *sheltered* wind conditions, 35% in the *rural* and over 50% in the *exposed* wind conditions, see Figure 19(b).



Figure 19. The effect of Finnish climate conditions (a), wind conditions of the building site (b) on annual infiltration rate of a two-storey detached house.

The effect of leakage distribution on annual infiltration rate was studied simulating twostorey house with different leakage distributions, see Table 9. In Table 9 the distributions of one- and two-storey houses that are called *typical* are based on the two-phase thermography tests described in Chapter 3.4. The other three distributions (*draughty roof, draughty base floor* and *draughty roof/base floor*) are assumed distributions. These assumed distributions were chosen to represent some extreme cases of leakage distributions, where common leakage places in Finnish detached houses (Kalamees et al. 2007) are represented.

-									
Place of the leakage routes		Vertical leakage distribution, %							
		Typical	Draughty	Draughty	Draughty	Typical			
		(two floors)	roof	base floor	roof/base floor	(one floor)			
Тор	Junction of roof	36	75	12.5	50	50			
floor	Upper edge of window frame	4	0	0	0	-			
	Lower edge of window frame	4	0	0	0	-			
	Junction of intermediate floor	2	0	0	0	-			
Base	Junction of intermediate floor	21	12.5	12.5	0	-			
floor	Upper edge of window	0	0	0	0	15			
	Lower edge of window frame	24	0	0	0	15			
	Junction of base floor	10	12.5	75	50	20			

Table 9. The vertical leakage distributions of the house used in the simulation.

The maximum difference in the infiltration rate between the studied leakage distributions is about 50% in the sheltered wind conditions, see Figure 20(a). The highest infiltration rate is caused by the *draughty roof/base floor* distribution (see Table 9), where the difference of height between the leakage openings is the maximum. This leakage distribution causes an infiltration rate that is about 25% higher than the *typical* distribution, while the *draughty roof* and *draughty base floor* distributions cause an approximately 10 to 20% lower infiltration rate than the typical distribution. When the unbalanced part of the ventilation is defined to belong to the infiltration flow rate, 15% unbalance causes about a 10 to 30% increase in infiltration rate, when the level of airtightness is normal ($n_{50} = 3.9$ 1/h) or leaky ($n_{50} = 10$ 1/h), see Figure 20(b). If the building envelope is extremely airtight, infiltration airflow rate corresponds to the unbalance of the ventilation.



Figure 20. The effect of the leakage distribution (a) and the balance of the ventilation system (b) on annual infiltration rate of a two-storey detached house.

When the height of the studied detached house is increased from one to two floors and air is able to flow freely between the floors, the average infiltration rate is increased about 60% on average, see Figure 21(a). According to Figure 21(b), the infiltration rate is also

increased by 36% when the flow exponent 0.73 is reduced by 0.1; it is decreased respectively by 27% if the flow exponent is increased by the same amount.



Figure 21. The effect of the height of the building (a) and the flow exponent (b) on annual infiltration rate of a two-storey detached house.

If the average annual infiltration air change rate is used in the heat energy calculation, the outdoor air temperature dependence of infiltration airflows should be taken into account in the cold climate. This can be taken into account by, for example, calculating the annual infiltration air change weighted by the temperature difference of the indoor and outdoor air

$$n_{inf-e} = \frac{\sum_{i=1}^{8760} (T_{in} - T_{out}^{i})_{i} \cdot n_{inf}^{i}}{\sum_{i=1}^{8760} (T_{in} - T_{out}^{i})_{i}},$$
(24)

where n_{inf-e} is the average annual infiltration air change rate suitable for heat energy calculation (ach), n_{inf}^{i} is normal hourly infiltration air change rate (ach), T_{in} is a set point temperature of heating (°C) and T_{out}^{i} is hourly outdoor air temperature (°C). This temperature correction could also be performed dividing the annual infiltration rate by a correction factor, which depends to some extent on the wind conditions being 0.86 in the sheltered wind conditions, 0.93 in the rural or 0.97 in the exposed, according to the IDA-ICE simulation results. The climate dependence of the factor is insignificant in Finland. A rough approximation of this correction factor can be considered to be 0.9 in the sheltered and moderate (rural) wind conditions.

4.4.3 The adapted infiltration model

The average infiltration rate correlates almost linearly with the building leakage rate in most of the cases shown in Chapter 4.4.2. Because of this the infiltration rate can be roughly approximated by the widely used relation dividing the building leakage rate n_{50} by a case-dependent denominator x

$$n_{inf} = \frac{n_{50}}{x}.$$
 (25)

The effect of the studied factors on the denominator x can be simply taken into account using the numerical results shown in Chapter 4.4.2. Instead of deriving the average constant denominator for Finnish detached houses, the effect of the studied factors can be taken into account by using, for example, a simple adapted model expressing the denominator as a product of several correction factors, using the principle shown in Sherman (1987)

$$n_{inf} = \frac{n_{50}}{L \cdot W \cdot D \cdot H \cdot E \cdot B},$$
(26)

where L is a climate-dependent factor, W is a factor for the wind conditions, D is a factor for leakage distribution, H is a factor for house height, E is a factor for the flow exponent and B is a factor for the balance of the mechanical supply and exhaust ventilation system. The values of the correction factors determined from the sensitivity analysis are listed in Table 10. The annual infiltration rate of Finnish detached houses can be estimated substituting these correction factors into Equation (26).

Climate zone	I-III	IV			
L	27	25			
Wind conditions	exposed	rural	sheltered		
W	0.5	0.7	1		
Leakage distribution	dr. roof/base floor	typical	dr. roof	dr. base floor	
D	0.8	1	1.1	1.2	
Number of stories	1	2			
Н	1.6	1			
Flow exponent	larger cracks	typical	smaller cracks		
E	0.7	1	1.4		
Balance of ventilation	balanced	positively/negatively pressurized			
В	1	0.8			

Table 10. Correction factors for the adapted model.

When the adapted model was applied in 40 simulation cases, which were used in the definition of the correction factors, the error between the results was from -7 to 18% and the average absolute value of error was 5%. In the five cases where the combination of the studied factors (e.g. number of floors, wind conditions or location) was changed, the range of error was from -10 to 46% and the average absolute error was 19%.

The annual infiltration rate predicted by the adapted model and a set of simplified models available in the literature were also compared against the results of IDA-ICE, see Figure 22. The studied simplified models were: the Kronvall-Persily model, the model developed by Sherman (1987), the ASHRAE-model (ASHRAE 2001) and the simplified model of prEN ISO 13789 (2005). The results of the simplified models vary from a 34% lower to a 61%

higher infiltration rate, but the difference between the adapted model and IDA-ICE was only 2% or 3%.



Figure 22. The predictions of the different models for the annual infiltration rate of a twostorey detached house ($n_{50} = 3.9$ ach) in Helsinki with a balanced mechanical supply and exhaust ventilation system.

4.4.4 Energy use

In (V), the performance of the infiltration heat recovery model was simulated using IDA-ICE with several building leakage rates and effective areas of the envelope of the twostorey detached house (see Figure 23). According to the model, the infiltration heat recovery factor increases with the effective area and decreases with the building leakage rate. Results of the two-phase thermography test described in Chapter 3.4, indicates that the effective area of the modelling object is 5% of the total area of the envelope. Assuming that this effective area does not depend on the building leakage rate, the infiltration heat recovery factor ranges from 10 to 94%, depending on the building leakage rate.



Figure 23. Infiltration heat recovery factor of the detached house as a function of effective areas of the envelope (a) and building leakage rate (b). The horizontal axis of Figure (a) is a ratio of area of the envelope that is affected by the infiltration (A_{inf}) and exfiltration (A_{exf}) to the total area of the envelope (A_{tot}) .

The effect of infiltration heat recovery is minor on the energy use of the studied house because the effective area was only 5%, see Figure 24. According to the studied cases, the infiltration heat recovery decreases the annual infiltration heat loss by 1 to 5 kWh/m² and the decrease in energy use of space heating including ventilation is from 1 to 4%.



Figure 24. The decrease in energy use because of the infiltration heat recovery effect.

Infiltration causes about 15 to 30% of the energy use of space heating including ventilation in studied two-storey detached houses when the building leakage rate n_{50} is typical (3.9 ach), while the corresponding proportion is about 30 to 50% in the leaky house (10 ach). Because the correlation between the airtightness of the building envelope and the infiltration rate is almost linear, heat energy use of the houses also increases almost linearly at the same time. Therefore, the preceding correlation reduces into a simple rule of thumb: one unit (1 ach) change in n_{50} corresponds to a 7% change in the energy use of space heating including ventilation. At the same time, the change in total heat energy use is about 4%. In the studied cases, these increment percentages vary from 4 to 12% regarding space heating or from 2 to 7% regarding the total energy use. The variation of these percentages is mainly a result of different wind conditions that were simulated; the climate dependence of these percentages is minor.

5 DISCUSSION

5.1 Balanced ventilation system

In the Finnish climate, the energy performance of apartment buildings can be improved remarkably by using a ventilation heat recovery system. Since 2003, ventilation heat recovery has also been a standard solution in new residential apartment buildings, because Finnish building code D2 (2003) requires that at least 30% of the heat energy of the extract air should be recovered and reused for heating the building or an alternative reduction in thermal energy use shall be implemented by improving the thermal insulation of the building envelope. According to D2 (2003), the required 30% heat energy recovery can be conducted with a heat exchanger, the supply air temperature efficiency (EN 308: 1997) of which is at least 50%. According to the results in (I), the increase of efficiency of the ventilation heat recovery is the primary method to improve energy efficiency of ventilation systems in Finland, even if the effect of defrost protection of the heat exchanger is taken into account. The need for defrost protection in Finland is discussed in Nyman (1987).

The energy performance of apartment buildings can also be improved with the demandcontrolled ventilation system without decrease in thermal comfort, provided that VAV control strategy is based on both indoor air temperature and CO_2 control. The energy savings are higher with CO_2 control only, at the expense of significantly reduced thermal comfort. The effect of demand-controlled ventilation on energy performance and thermal comfort depends on the airflow rates that are used. The demand-controlled ventilation decreased the energy use of the building quite a lot, because of the high quality level S2 of ventilation (FiSIAQ 2001) in the studied building. The demand-controlled ventilation can be taken into account in the determination of the energy certificate of apartment buildings including more than six apartments. But, ventilation heat losses have to be calculated using constant airflow rate (0.5 ach) if the number of apartments of the building is less than six.

Decentralization of the ventilation system was assumed to enable higher heat recovery efficiency because of the Finnish building code D2 (2003), which allows the use of regenerative units in residential buildings when an air handling unit serves a single apartment. Efficiency of regenerative heat exchangers is normally higher than recuperative units. A centralised demand-controlled ventilation system was not studied, because it was considered to be too complicated and expensive for residential apartment buildings. Therefore, the decentralised ventilation system permitted a reduction of heat energy use by means of higher heat recovery efficiency cannot be recommended if reheating of the supply air is carried out with electricity. In addition to heat recovery efficiency, the efficiency of fans has a significant effect on the energy performance of air handling units, and should be taken into account when alternative air handling units are compared.

The peak temperatures of the zones were unacceptably high in all the cases without mechanical cooling, even if the ventilation airflow rate fulfilled the high quality level S2 of ventilation and solar shading with venetian blinds was used in the windows. In reality, occupants would probably open the windows before the indoor air temperature reached the peak temperatures that were found. However, in the simulation, that resource was not given, since behaviour of the occupants cannot be predicted accurately and it is more straightforward to compare results when all the windows are closed. Demand-controlled ventilation with CO_2 control resulted in a significantly higher indoor temperature than the CAV system. This could be avoided by using both temperature and CO_2 control, since ventilation was then boosted during the summer season.

A single split-type air conditioner in the living room was able to serve the entire apartment provided that the intermediate doors of the apartment were open. This shows that temperature differences between zones are able to be balanced by means of convective airflows between zones, provided that flow resistances between the rooms are negligible. In this preceding case, indoor air temperatures in the studied apartment agreed with the Finnish classification of indoor climate S2 (FiSIAQ 2001) (i.e. an indoor air temperature of between 23 and 26°C in the summer, with > 26°C being permitted during 7 days in the summer).

The sensible peak cooling powers that were simulated cannot be considered as a guide, because of the internal heat gains during the cooling season that were about 30% lower that the total internal heat gains defined by D5 (2007). The level of internal heat gains in (I) was slightly higher than the internal heat gains defined by the Finnish building code D5 (1985), which was in force when (I) was being written. The cooling demand would be slightly higher if the level of internal heat gains corresponded to the current building code. It is evident that passive cooling solutions, for example, by means of solar shading or ventilation windows are primary cooling methods in Finnish residential buildings and internal heat gains from lighting and equipments should also be minimized in order to decrease cooling demand.

5.2 Electrically heated windows

Electrically heated windows, which are a mixture of heating device and window, may be used for improving thermal comfort near glazing, because cold window surfaces cause draught and asymmetrical radiation. Draught is generated especially when the glazing is high, and, in this case, even radiators positioned on the floor cannot stop the formation of draught. Electrically heated windows are normally used as comfort devices, because they do not usually replace other heat sources. To achieve the optimal use of energy and for reasons of economy, the glazing can be divided into unheated and heated zones. The location and dimensioning of the zones are discussed in (Kurnitski et al. 2003). When properly located, the horizontal heated zones will avoid draught and asymmetrical radiation heat transfer caused by the cold glass surface. The effect of electrically heated windows on thermal comfort was not studied in this work, but it has been studied experimentally in Ihalainen (1999).

A general energy performance factor of electrically heated windows is needed in order to develop design principles for this kind of window. Originally, several definitions for efficiency of electrically heated windows have already been given in (Ruuskanen and Kalema 1994), but physical and mathematical interpretations of efficiency formulation were developed and simplified further in (II). Simplified expressions of efficiency were given and the expressions are valid for certain window types or for the following specific conditions: outdoor-air-temperature dependent expression of efficiency is valid for the studied window type and the linear correlation shown in Equation (21) is valid for the studied convective heat transfer coefficient, which represents radiant floor heating. The study by (Ruuskanen and Kalema 1994) indicates that the angular coefficient of the expression shown in Figure 10 and Equation (21) is proportional to heat resistance between heated window surface and indoor air.

The efficiency of electrically heated windows is primarily dependent on the U-value of an unheated window. The efficiency showed a slight dependency on outdoor air temperature because the U-value is outdoor-air-temperature dependent. Efficiency is practically independent of the inner surface temperature of the window. An essential way of improving efficiency is to use highly insulated windows, because heat loss from heated windowpane to outdoor air is minor in that case. But forced convection at the inner surface of the windowpane increases the efficiency, because of increasing convective heat transfer between heated windowpane and indoor air.

The efficiency can be used to estimate the effect of electrically heated windows on the energy performance of buildings. For example, if the U-value of an unheated window and electrical heat output P of the window are known, the additional heat loss caused by heating could be estimated as well as the heat delivered to the room from the heated window, see Equations (18) and (20). System losses of electrically heated windows due to, for example, temperature control or transformer, were not studied in (II). But these system losses, in the case that they exist, end up as heat, which can be utilized at least partly in heating.

5.3 Calibration of EN ISO 13790

Comparison of heat demand results between the monthly utilisation factor method and the fully dynamic simulation tool was conducted for residential buildings and office buildings. Both of the buildings were dynamic simulation cases, but the office building represents a very dynamic case, because heat gains strongly fluctuated between day and night time and between weekdays and weekends. Office buildings were also partly ventilated with VAV

system, while a continuously operating CAV system was used in the residential buildings. The study showed that the utilisation factor is overestimated in very dynamic cases, especially with high internal heat gains, in spite of the values of the parameters a_0 and τ_0 and the building structures.

The original parameters $a_0 = 1$ and $\tau_0 = 15h$ for the utilisation factor are not suitable for the studied Finnish buildings, because heat demand is significantly overestimated, especially for the lightweight buildings. But, the results of EN ISO 13790 can be calibrated for the residential buildings with a correct selection of a_0 and τ_0 . The calibration that was made for EN ISO 13790 had insignificant effect on results of the massive buildings. The effect of calibration was minor for medium-weight detached houses, but the agreement between the methods was slightly better with the calibrated model in these cases. The agreement between IDA-ICE and calibrated EN ISO 13790 was worse, for example, for medium-weight apartment buildings than with the original EN ISO 13790. The effects of calibration was greatest for lightweight buildings and agreement between the models was equal or better with calibrated EN ISO 13790 for each detached house studied. The calibration of EN ISO 13790 shows more generally that the performance of simplified methods can be improved only for a limited range of the application because of the simplifications that are made in the modelling of physical phenomena.

Kalema et al. (2006) also found that EN ISO 13790 overestimates the heat demand of lightweight residential buildings having no massive surfaces (time constant 20-50h) in the Finnish climate. They concluded that calibration of EN ISO 13790 was not necessary in Finland, because such light buildings very seldom exist in practice. Statistics about any proportion of this kind of lightweight house in Finland do not exist, but the average proportion of timber-frame detached houses of the new prefabricated detached houses, for example, has been about 80% between 1989 and 2007 in Finland (Pientaloparometri 2007). It is obvious that most of these houses were built with concrete slab on the ground, but the lightweight floor structure with ventilated crawl space is also one of the standard solutions in Finland.

Performance of EN ISO 13790 depends on ratio of heat gains and losses. Basically, agreement between the methods was better in the lightweight cases with lower level of internal heat gains. The level of heat losses is determined on the grounds of requirements of the building code, but comprehensive studies of the typical level of internal heat gains in Finnish buildings do not exist, although the level of internal heat gains and a method to evaluate them are defined in Finnish building code D5 (2007). The Finnish level of internal heat gains that was studied corresponds to the level defined in the draft version of building code D5 (2007), because the final version was published after study (III) was completed. The Finnish level in (III) was 3-24% lower that the total internal heat gains including heat gains from systems (space heating and domestic hot water) defined by the final version D5 (2007).

It is obvious that the calibration of EN ISO 13790 is also valid for the internal heat gains shown by the final D5 (2007), because the performance of calibrated EN ISO 13790 was better with both of the different levels of internal heat gains that were studied. But, the applicability of the calibrated parameters for the national calculation method D5 (2007) cannot be stated so far, because intermodel comparisons between EN ISO 13790 and D5 or between a dynamic simulation tool and D5 have not yet been published.

5.4 Simulation of pressure conditions

The evaluation exercise shows that the dynamic multizone simulation model with specific features such as detailed leakage distribution and defrost protection of heat recovery predicts the air pressure conditions of a detached house in sheltered wind conditions and a cold climate realistically. The simplified approach to estimating distribution of leakage paths over a building envelope was developed and used, but the accuracy of this method was not studied because none of the existing methods for the estimation of leakage distribution could be used as a reference method. But, because the air pressure conditions predicted by the model were reasonable, it is probable that also the approximated leakage distribution was reasonable.

The simulated air pressure conditions of the building model were reasonable, even if the simulation of the wind-induced pressure conditions was greatly simplified by the use of, for example, approximate wind pressure coefficients and wind data that were taken from the closest weather station. The evaluation of the dynamic model was carried out for the cold period of the winter season when the buoyancy-driven pressure difference was emphasized and the building being studied was situated in sheltered wind conditions. This reduces the effect of the wind on pressure conditions in the detached house. The applicability of simplified approximations in the simulation of wind pressures was shown in stack-dominated conditions but not wind-dominated conditions, although the model was simulated also in exposed wind conditions. It is obvious that any error caused by simplified assumptions is greater at higher wind velocities, but this was not studied in (IV).

5.5 Infiltration

The average flow exponent of all the measured 170 houses in Finland was 0.73 being slightly higher that the mean value of 0.66, according to extensive studies made in five countries (Orme et al. 1998). Because no clear correlation between flow exponent and building leakage rate was found in the Finnish measurement results, the effect of building leakage rate on infiltration can be studied using the constant flow exponent. But, because the flow exponent has a significant effect on average infiltration rate, the measured flow exponent should be used in the detailed simulations when infiltration of an existing house is

studied. The average flow exponent 0.73 is appropriate to use for detached houses in Finland, when infiltration of the housing stock is approximated or the measured value of the flow exponent is lacking.

In this work, the unbalanced part of the ventilation was defined to belong to the infiltration flow rate because intended air inlets or outlets do not normally exist in the envelope of Finnish detached houses, which are ventilated with a mechanical supply and exhaust ventilation system. Because of this definition, unbalance in the ventilation system increases the infiltration rate. But, if the unbalanced part of the ventilation is not classified as part of the infiltration, unbalance in the ventilation rate.

Based on the simulated infiltration rate of detached houses, Finland can be roughly divided into two zones: one in which there is a combination of climate zones (I-III), where the infiltration is quite similar, and another – zone IV – where infiltration is slightly increased. Infiltration in climate zone (II) was not studied because the average outdoor air temperature and wind velocity were almost similar to that of zone I. It was shown that the stack-induced infiltration is typically dominant in Finnish detached houses regardless of the climate zone; wind-induced infiltration is more significant only in the exposed wind conditions. Sheltered wind conditions were considered to be the most common in Finland, because the Finnish detached houses are mostly located in population centres (Pientalobarometri 1999, Statistics Finland 2008b) with trees and other buildings in the vicinity. Additionally, Finland is mostly forested (78% of the total area) (Sevola 2007).

In order to simulate infiltration rates accurately, leakage distribution has to be taken into account. It was shown that the distribution of the leakage openings has a significant effect on infiltration rate and leakage openings at the junction of both ceiling and floor are especially harmful. This should be taken into account in the design and construction phase of buildings.

The simple adapted infiltration model can be used for houses where infiltration is mainly caused by wind and stack effect. If the infiltration airflows are mainly caused by the ventilation system in, for example, houses with a mechanical exhaust ventilation system or in those with a low building leakage rate and a positively or negatively pressurized mechanical supply and exhaust ventilation system, ventilation airflows should be taken into account.

For all the models from the literature that were studied, it was possible to predict infiltration rates quite close to the IDA-ICE, at least in one shielding class. But the differences between the models vary in different wind conditions, because the shielding classes used by the models were not exactly similar. The results of the adapted model and IDA-ICE were also compared in numerous cases that were mostly quite similar to the cases used in the development process of the adapted model. It is evident that a discrepancy between the adapted model and the detailed dynamic simulation model would be higher if the initial

data (e.g. wind conditions, leakage distribution or flow exponent) of the compared cases were greatly different from the factors that were used in the development process.

Infiltration has significant effect on heat energy use of a house and it increases almost linearly with building leakage rate. The simplified IHR model of Buchanan and Sherman (2000) indicates that the effect of infiltration heat recovery is minor on energy use of buildings if the effective area is low. The effective area can be estimated with a two-phase thermography test, which was conducted in (IV). The effect of infiltration heat recovery on energy use can be increased with higher participation of the envelope by using, for example, dynamic insulation walls, which are intentionally made porous in negatively pressurized buildings. Furthermore, an optimum infiltration rate can be found, over which IHR has the biggest effects on heat use of the building (e.g. Walker and Sherman 2003), but this was not studied in (V).

6 CONCLUSIONS

The energy performance of buildings depends on several factors that are related to building fabric, HVAC systems, indoor and outdoor climate and behaviour of occupants. In order to calculate the energy efficiency of buildings, calculation methods are needed that are sufficiently applicable and accurate. Simplified calculation methods, where modelling of the physical phenomena is limited or lacking, have to be calibrated to the conditions and buildings to which they are applied.

Airtightness of the building envelope has a significant effect on the infiltration rate, while the energy performance of a building depends significantly on the infiltration rate. Therefore, airtightness should be taken into account in the design and construction phase of the building. In order to evaluate the infiltration rate and the factors that are related to infiltration, suitable models are needed.

Infiltration rate depends on several factors that are related to outdoor and indoor conditions, the building itself, ventilation system and behaviour of the occupants. Infiltration calculation methods that are not able to take these factors into account explicitly have to be adapted at a national level. The simple adapted infiltration model that was developed can be used to approximate the average infiltration rate of detached houses in Finland. But, dynamic building simulation with the multizone pressure network model is a reasonable choice for detailed infiltration and energy analyses.

In order to calculate the infiltration rate of an existing building, measured initial data are needed. The simplified approach to estimate location of leakage paths and their distribution over a building envelope on the basis of thermography tests was proven to be a practical method.

The energy performance of apartment buildings can be improved with the demandcontrolled ventilation system without decrease in thermal comfort, provided that VAV control strategy is based on both indoor air temperature and CO_2 control. Not only heat energy use of the building but also electricity consumption of the air handling units should be taken into account when centralized and decentralized ventilation systems are compared.

The monthly utilisation factor heat demand calculation method can be calibrated for Finland regarding the effect of thermal inertia of building structures. The calibrated EN ISO 13790 monthly method can be used for residential buildings, but should not be used for office buildings in Finland. Therefore, more-detailed dynamic methods should be used in the calculation of the energy performance of office buildings.

The efficiency of electrically heated windows is a general performance factor that describes the energy performance of heated windows. This energy performance factor is needed in order to develop design principles for electrically heated windows; it can also be used to estimate the effect of heated windows on the energy performance of buildings. An essential way of increasing the energy performance of electrically heated windows is to use highly insulated windows.

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8 ORIGINAL PUBLICATIONS

- I Performance of balanced ventilation with heat recovery in residential buildings in a cold climate
- II Efficiency of electrically heated windows
- III Performance of EN ISO 13790 utilisation factor heat demand calculation method in a cold climate
- IV A comparison of measured and simulated air pressure conditions of a detached house in a cold climate
- V Building leakage, infiltration, and energy performance analyses for Finnish detached houses

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